

Samaniji Conducted Sessions at Jain Vishva Bharati Orlando

From 15 - 18 January 2016, 20th spiritual family camp was organised by Jain Vishva Bharati Orlando under the spiritual guidance of Samani Madhur Pragyaji. There was presence of eight samanijis in the camp. Samani Shukla Pragya and Samani Rohit Pragya were specially invited from Miami to conduct various sessions of lectures and other activities for the youth participants of camp.



Samani Shukla Pragya delivered lectures on “Where do I Start”, “Learn How to Learn”, for youth group. In open discussion session participants got solution to their many queries regarding Jainism, Spirituality, Religion and practice of meditation. She also spoke on “I choose I Live” for teenagers.

Samani Rohit Pragya shared her views on "Reward of Restraint" among youth group and “Map the World Map the Self”, “Secret to Success” among teenagers. She also spoke on “What Makes You Big” for small children. Teenagers were taught “Samvar”, Kayotsarga and Yoga.

All the sessions were interactive and very well received by the participants.